



2009 RUN THE NORTH SHORE ROAD SERIES ENTRY FORM

ENTRY FEES *Includes GST

CAN YOU DU IT JUNE 14
\$30.00 Until June 1
\$40.00 Until June 14

CROSS-ATHLON JULY 26
\$30.00 Until July 1
\$40.00 Until July 26

COHO FESTIVAL RUN SEPTEMBER 13
\$40.00 14km until September 1
\$50.00 14km after September 1

NORTH SHORE HALF OCTOBER 12
\$45.00 until September 12
\$55.00 after September 12

TOTAL: _____
(PLUS 5% GST)

PARTICIPANT INFORMATION

LAST NAME: _____

FIRST NAME: _____

DATE OF BIRTH: _____

GENDER: M F

ADDRESS: _____

CITY: _____ P/C: _____

PHONE: _____

EMAIL: _____

RELAY TEAM NAME: _____

PARTNER NAME: _____

DATE OF BIRTH: _____

EMERGENCY CONTACT NAME: _____

EMERGENCY CONTACT #: _____

MEDICAL CONDITIONS: _____

*Please add **\$10** for late registration

*Shuttle Bus - Please check the website for departure times

REGISTER ONLINE AT
WWW.RUNTHENORTHSHORE.COM

PAYMENT INFORMATION - Please make checks payable to "Run the North Shore."

CREDIT CARD: VISA M/C C/C # _____ EXPIRY (MM/YY): _____

NAME ON CARD: _____ SIGNATURE: _____ DATE: _____

Run the North Shore: 101-1200 Lonsdale Avenue, North Vancouver, BC, V7M 3H6
(604) 990-6888 - (604) 990-1113 (Fax)